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REFLECTION HANDBOOK

Staff Mobility – Professional Development Activity
“Activating Youth Workers in Social Inclusion”
Project number: 2022-1-EL02-KA151-YOU-000061360
Patras, Greece, 06-11/10/2022

DAY 2 (Friday 07/10/2022):

“National Needs for Youth in Social Inclusion” Workshop “National Stereotypes and Prejudices” Workshops

Which of the following competences were enhanced through the workshops of the day?

	YES	NO
Multilingual Competence	<input type="checkbox"/>	<input type="checkbox"/>
Personal, Social and Learning to Learn Competence	<input type="checkbox"/>	<input type="checkbox"/>
Citizenship Competence	<input type="checkbox"/>	<input type="checkbox"/>
Entrepreneurship Competence	<input type="checkbox"/>	<input type="checkbox"/>
Cultural Awareness and Expression Competence	<input type="checkbox"/>	<input type="checkbox"/>
Digital Competence	<input type="checkbox"/>	<input type="checkbox"/>
Mathematical Competence and Competence in Science, Technology and Engineering	<input type="checkbox"/>	<input type="checkbox"/>
Literacy Competence	<input type="checkbox"/>	<input type="checkbox"/>

Which of the above competences were empowered through each activity?

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DAY 3 (Saturday 08/10/2022):

“Social Inclusion Statement Game”

“Who am I?” Workshop

“Non-formal learning methods for inclusion of young people with fewer opportunities”

Which skills do you feel that you acquired via the “Social Inclusion Statement Game”?

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How do you feel after the “Who am I?” Workshop?

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Describe the non-formal learning methods that you learned from the workshops of the day, which you are going to integrate in your future projects and activities as a youth worker?

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DAY 4 (Sunday 09/10/2022):

“Inclusion of Young People with Fewer Opportunities: Case Study by each participant”

“Nafpaktos Town Treasre”

“Types of questions in conducting debriefing”

How do you think to use the gained competences and skills of the daily workshops in your work with youth when you return back to your country?

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What did you discover about yourself during the day? In what ways do you think your participation in the activities of the day has changed you?

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Draw/Write down the most important part of the day you think that has changed you.



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DAY 5 (Monday 10/10/2022):

“Create a non-formal method about Inclusion of Young People with Fewer Opportunities into social life”

“Presenting the developed non-formal methods”

“Visit of the Second Chance School of Patras”

What new ideas and methodologies did you learn through the non-formal method you created?

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How much do you feel the “Visit of the Second Chance School of Patras” inspired you as a youth worker (scale 1-10)? In which way?

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Did your learning to learn competence enhance during the day? If yes, in which way?

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FINAL REFLECTION

How much from 1 (not at all) to 5 (absolutely) the following skills have been improved during the Professional Development Activity?

	1	2	3	4	5
Ability to understand, express and interpret concepts, feelings, facts or opinions in oral and written form in foreign language.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to interact in an appropriate and creative way in any situation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Empathy for youth with fewer opportunities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Motivation to participate actively in the social and civic life.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to use constructed thinking in order to solve a problem in every situation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding of mathematical term and concept and know how to apply it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Critical use of information technology for work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Empowerment of communication skills.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Feeling more European citizen than before the activity.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to pursue and persist in different kinds of learning.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Identifying available opportunities.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to gain process and assimilate new knowledge, skills and qualification required for career goals.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to effective interaction with other people.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to work effectively and collaborate with other team members.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Awareness of local, national, European culture heritage and their place in the world.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Understanding of social inclusion issue.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to turn idea into action.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Creativity/innovation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Enhancing self-confidence.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Determination.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ability to plan and manage tasks.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>