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Non-Formal Methods Handbook
Professional Development Activity – Training Course
“Activating Youth Workers in Social Inclusion”
2022-1-EL02-KA151-YOU-000061360
6-10 October 2022
Patras, Greece

A “Non-Formal Methods” Handbook was created by the Youth Workers – Participants of the Professional Development Activity – Training Course Erasmus+ KA1 Project “Activating Youth Workers in Social Inclusion”, which took place on 6th – 10th October 2022, in Patras, Greece. This Handbook includes two new non-formal methods developed during our Professional Development Activity – Training Course:

- 1) Alice in Wonderland
- 2) Human Library: Social Inclusion

The first non-formal method “Alice in Wonderland” is a team-building activity, drawing and quiz activity aiming at increasing the level of integration in the classroom.

The second non-formal method “Human Library: Social Inclusion” is video – teamwork activity aiming at creating a human library of tips for working with socially excluded groups.

This “Non-Formal Methods” Handbook could serve as a tool that Youth Workers could use in other Erasmus+ Projects and actions.



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ACTIVITY TITLE	ALICE IN WONDERLAND
FACILITATORS NAME	<ol style="list-style-type: none"> 1. Monica Gentili 2. Monica Consoli 3. Agnes Szabo 4. Roberta Faltis 5. Fanni Nemeti
ADDRESSEES	<p>A class in middle school</p> <p>A number of students with fewer opportunities attending the same class such as students who do not know the language of the hosting class, students with physical disabilities and students with mental issues</p>
AIM	Increase the level of integration inside the class
KEY CONCEPTS	
LEARNING OBJECTIVES	<p>Until the end of the session, the participants will</p> <p>K – Knowledges K – none</p> <p>AB – abilities AB – story telling AB – being creative</p> <p>AT – attitude AT – learning to cooperate in a group AT – better understand others’ disabilities/ difficulties AT – sharing one’s abilities with the others</p>
	SPECIFIC ELEMENTS
PROPOSED METHOD	<ul style="list-style-type: none"> • Team building • Drawing • Quiz
NO. OF PARTICIPANTS	A class
TIME NEEDED	1 hour
MATERIALS	<p>Questionnaires to elicitate the secret words</p> <p>A paper to write the different sentences that would make up the story</p>
EQUIPMENT/ NECESSARY RESOURCES	<p>White or blackboards</p> <p>Chalk or pen for the whiteboard</p>
ACTIVITY PLACE	Outdoors if possible, try to create a pleasant environment with cakes, drinks, if not in the classroom
COMMENTS	
	STEP BY STEP FOR FACILITATORS



<p>IMPLEMENTATION</p>	<ol style="list-style-type: none"> 1. Divide the pupils into small groups (4 people max) 2. Choose a word and keep it secret 3. Ask pupils a question to elicitate the secret word. They should answer the questions and use the first letter of each answer (example: secret word MASK. Questions: <ol style="list-style-type: none"> a. What word do little children pronounce when they start to speak? – Answer: MUM b. The fruit William Tell shot with his arrow. Answer: APPLE c. Animal that slithers through the grass. Answer: SNAKE d. You need it to open your home door. Answer: KEY 4. The sequence of the first letters will provide the secret word, alias MASK 5. SECRET WORDS: SHOE <ol style="list-style-type: none"> a. Something that makes your day brighter – answer is SUN b. A place where you are taken care of – HOSPITAL c. A very polluting fossil fuel – OIL d. Big endangered animal with huge ears and a long nose – ELEPHANT 6. SECRET WORD GOOSE <ol style="list-style-type: none"> a. an animal with a very long neck – GIRAFFE b. a liquid made with olives – OIL c. bigger than the sea – OCEAN d. opposite of ‘END’ – START e. if it doesn’t work properly you are deaf – EAR 7. SECRET WORK HEART <ol style="list-style-type: none"> a. You belong to this species – HUMANS b. The planet you live on – EARTH c. A comfortable chair to sit in – ARMCHAIR d. It can replace humans in some activities- ROBOT e. The best clown in the class – TEACHER 8. Now ask students to sit in circle 9. Write the secret words on the board 10. Ask students to invent a story all the 4 secret words 11. Tell them that each one has to say a sentence for the story 12. You choose the student who has to start 13. The result will be a funny nonsense story. 14. Ask students to invent a title for the story.
<p>DETAILS/ NOTES</p>	
<p>AFTER THE ACTIVITY</p>	<p>The participants will stay in a circle sitting on the chairs or on the floor</p>
<p>DEBRIEFING</p>	<p>Questions: Analysing: Generalizing: Application:</p>



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RISKS	
OPTIONS	
BIBLIOGRAPHY	
LINKS/ Resources for the trainer	
OUTCOME	<p>Final story</p> <p>SECRET WORDS:</p> <p>MASK</p> <p>GOOSE</p> <p>HEART</p> <p>SHOE</p> <p>There was a person with a big heart that was beautiful but wore a mask. His shoes Was missing. The goose found a shoe and brought it back. The goose asked: “Why do you wear a mask?” The person said: “I like it!”</p> <p>The goose said: “You should wear a Zorro mask!”</p> <p>The person wore the mask not to smell the shoes.</p> <p>The goose gave some flowers to help the shoes not to smell.</p> <p>The Smell and the mask solved the problem and a mask and shoe wearing goose has a pleasant heart to help for the others and social inclusion.</p> <p>Now the person does not need to wear the mask and can live happily ever after.</p>



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ACTIVITY TITLE	Human Library: Social Inclusion
FACILITATORS NAME	<ol style="list-style-type: none"> 1. Julie White 2. Stephanie Holmes 3. Gonca Telli 4. Gunseli Ozkan 5. Serap Karabacak
ADDRESSEES	
AIM	To create a human library of tips for working with socially excluded groups
KEY CONCEPTS	
LEARNING OBJECTIVES	Until the end of the session, the participants will:
K – Knowledges	K- Learn how to create a video for learning
AB – abilities	K- Build the creativity of the team
AT – attitude	AB- Create a video and upload to social media AB- Building / preparing appropriate questions AT- To feel confident in social inclusion AT- To feel confident in sharing experience
	SPECIFIC ELEMENTS
PROPOSED METHOD	Video – Team work
NO. OF PARTICIPANTS	Any
TIME NEEDED	Dependent on group size – 15/20mins per learner
MATERIALS	Phone – Pencils - Paper
EQUIPMENT/ NECESSARY RESOURCES	Smartphone
ACTIVITY PLACE	Indoor or outdoor
COMMENTS	
	STEP BY STEP FOR FACILITATORS



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IMPLEMENTATION	<ol style="list-style-type: none"> 1. Form small groups 2. Give instructions 3. Group take 5 mins to formulate questions 4. Create short videos of answers 5. Get photo sharing permission 6. Share videos to a shared secure folder or share as a podcast
DETAILS/ NOTES	
AFTER THE ACTIVITY	The participants will stay in circle sitting on the chairs or on the floor
DEBRIEFING	<p>Questions: Feedback – Watch video – Feed forward</p> <p>Analyzing: Group discussion – What would you do differently</p> <p>Generalization: Common themes to share + disseminate</p> <p>Application: Further ways to use this method</p>
RISKS	<p>“What ifs?”</p> <p>What if:</p> <ul style="list-style-type: none"> The learner doesn’t want to take part? The learner doesn’t understand the language? The learner doesn’t want to be on a video? The video is too long? The learner becomes emotional? The learner doesn’t understand the question?
OPTIONS	You can include other creative non-formal methods, e.g. video and record an art landscaping activity.
BIBLIOGRAPHY	
LINKS/ Resources for the trainer	
OUTCOME	<ul style="list-style-type: none"> Use feedback constructively Keep it short & simple Be aware of background noise It doesn’t need to be perfect. It’s human!!